



We promise that all children and young people will be listened to by the adults working with them.

When we meet with a child or young person, we will keep these five promises:

Our promises	
	We will respect you for who you are.
	We will listen to what you say.
	We will share our decisions with you.
	We will help you understand decisions that we make.
	We will let you know what will happen next.



The adults working with you want to do the best job.

You have five 'rights' to help you feel more confident to ask questions, so that they can support you.

Your rights:	
	The right to be treated fairly.
	The right to have a say.
	The right to make some choices.
	The right to information you can understand.
	The right to know how your views were used.