

| Bath & North East Somerset Council | | |
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| MEETING | Health and Wellbeing Select Committee | |
| MEETING DATE | 27th September 2017 | EXECUTIVE FORWARD PLAN REFERENCE: |
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| TITLE: | Update on the Mental Health Pathway Review | |
| WARD: | All | |
| AN OPEN PUBLIC ITEM | | |
| <p>List of attachments to this report:</p> <p>Appendix 1: Summary of themes emerging from engagement.</p> | | |

1. THE ISSUE

- 1.1. In line with the ***your care, your way*** full business case, the mental health pathway is currently being reviewed by commissioners. This report provides an update on that review with particular focus on key themes which have emerged during the engagement phase .It also describes the next steps in the review process.

2. RECOMMENDATION

- 2.1. Health and Wellbeing Select Committee is asked to note and comment on the themes emerging from the review.

3. RESOURCE IMPLICATIONS (FINANCE, PROPERTY, PEOPLE)

- 3.1. None directly related to this report.

4. STATUTORY CONSIDERATIONS AND BASIS FOR PROPOSAL

- 4.1. None directly related to this report.

5. THE REPORT

Background

- 5.1. In line with proposals in the ***your care, your way*** full business case and following the appointment of Virgin Care as the Prime Provider a review of the mental health pathway is being undertaken by the Council and Clinical Commissioning Group in order to determine the best model for the future commissioning of community and statutory mental health services across health and social care.
- 5.2. The review builds on the innovative mental health work undertaken in B&NES, which has helped develop a flourishing voluntary sector with a strong network of services. This was led by the previous mental health lead commissioner, Andrea Morland, over a number of years. B&NES were one of the first authorities to commission a wellbeing college, implement social prescribing, pilot a Wellbeing House and were praised by the then Health Secretary for their Mental Health Crisis Concordat. Within Avon & Wiltshire Mental Health Partnership NHS Trust (AWP), B&NES locality is the highest performing area, with services such as IAPT (Improved Access to Psychological Therapies) and recovery rates being some of the highest nationally. The review is therefore building on a strong base and aiming to further develop integrated services for the people of B&NES.
- 5.3. The review builds on the work already undertaken through the ***your care your way*** process which focused on early intervention, prevention and self-care with people only accessing statutory services where this is needed.
- 5.4. The review aims to identify how people access services, the quality of the services received, how they leave services and ongoing support. It will identify how services link together and in particular how physical and mental health services work together. It will identify any capacity and resource issues within the mental health system. The review will also identify areas of best practices within B&NES, what is working well, where there are gaps, duplication, potential for sharing resources and areas for improvement.
- 5.5. The first step in reviewing the system has been to engage widely with our target community, building on the comprehensive consultation which has already been carried out through the *your care, your way* process.
- 5.6. During the review we have met with over 62 groups, individuals, providers service user and carer groups.

Emerging Themes

- 5.7. *Appendix One describes in detail some of the things that people told us and provides some initial thoughts on possible solutions. The five key headline themes are :*
 - ✓ *Focus on preventing escalation and admission.*
 - ✓ *Improve Community Based Support.*
 - ✓ *Join up services.*
 - ✓ *Drive parity of esteem between medical and social interventions.*

✓ *Improve the signposting of services.*

Next Steps of Review

5.8. Building on the emerging themes, the review will also consider activity, performance and benchmarking data relating to all aspects of the current pathway. It will learn from local and national policy and evidence and then will develop options for change. These will describe the options, risks, benefits and cost analysis of different options.

5.9. It is anticipated that an initial assessment of options will be considered by the Council/CCG Joint Commissioning Committee in October 2017. This will be followed by a more detailed options appraisal to be presented in November/December 2017 with the aim of implementing from April 2018.

6. RATIONALE

6.1. This report provides an update on the mental health pathway review to enable Committee members to comment on the key themes emerging from stakeholder engagement.

7. OTHER OPTIONS CONSIDERED

7.1. This is a paper for information and discussion rather than presenting different options for decision making.

8. CONSULTATION

8.1. There has been extensive consultation as part of ***your care, your way*** and during this review.

9. RISK MANAGEMENT

9.1. A risk assessment related to the issue and recommendations has been undertaken, in compliance with the Council's decision making risk management guidance.

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| Background papers | |
| Please contact the report author if you need to access this report in an alternative format | |