

Bath & North East Somerset Council		
MEETING/ DECISION MAKER:	Children and Young People Policy Development & Scrutiny Panel	
MEETING/ DECISION DATE:	12 th July 2016	EXECUTIVE FORWARD PLAN REFERENCE:
TITLE:	Update on the provision Mental Health Services for Children and Young People in Bath and North East Somerset	
WARD:	All	
AN OPEN PUBLIC ITEM		
List of attachments to this report:		
<ul style="list-style-type: none">CAMHS Transformation Plan 2015/16: http://www.bathnes.gov.uk/sites/default/files/sitedocuments/Children-and-Young-People/banes_transformation_plan_oct15.docxFor you, by you- call for young people’s engagement in the re-procurement of PCAMHS/CAMHS- (poster attached as Appendix 1)KOOTH- on-line support and counselling for young people- poster (Attached as Appendix 2)		

1 THE ISSUE

- 1.1 This report provides an update on the mental health services for children and young people in Bath and North East Somerset, an update on commissioning and strategic progress and a request for further support from the Local Authority to continue to prioritize mental health services for children and young people in Bath and North East Somerset.

2 RECOMMENDATION

- 2.1 To note the progress of the 15/16 CAMHS Transformation Plan
- 2.2 To note that targeted and specialist Children and Adolescent Mental Health Services (CAMHS), currently provided by Oxford Health NHS Foundation Trust (OHFT) are being re-commissioned jointly with Wiltshire and Swindon CCGs/LAs in 2017.

- 2.3 To note the invitation to young people to engage with the re-procurement
- 2.4 To support the priorities being progressed within the CAMHS Transformation Plan for 2016/17

3 RESOURCE IMPLICATIONS (FINANCE, PROPERTY, PEOPLE)

- 3.1 Continuing re-design of mental health services for children and young people is taking place, in the context of the overarching savings requirements of the Council and the CCG. NHS England has committed additional funding for children's mental health services and the CAMHS Transformation Plan 2016-2017 details the priority areas that have been agreed for the allocated funding.
- 3.2 The annual cost of this contract with Oxford Health NHS Foundation Trust (local CAMHS provider) is about £2.1m for the NHS and Local Authority in Bath and North East Somerset. This represents just under a third of the overall current and planned joint contract with Wiltshire

4 STATUTORY CONSIDERATIONS AND BASIS FOR PROPOSAL

- 4.1 Statutory duties of the NHS and Council for the provision of Health and Social Care Services

5 THE REPORT

5.1 CAMHS Transformation Plan – update on 15/16 and plans for 16/17

In August 2015 NHS England announced additional funding and guidance to implement the **Future in Mind** report's recommendations to improve CAMHS services. To "draw down" these funds, each CCG was required to submit an agreed CAMHS Transformation Plan by October 2015.

From April 2015 a number of developments to support the transformation plan began:

1. **Pilot - Extended CAMHS support: for > 18 y/o's** who were receiving CAMHS interventions when they turned 18 and, although they are particularly vulnerable; do not meet the referral criteria for adult mental health services. This cohort will include, but is not restricted to, Care Leavers and will provide intensive emotional support.
2. **Pilot - Early Intervention in Psychosis:** Pilot to improve fidelity to the early intervention in psychosis model by building links with CYP substance misuse, developmental disorder, CAMHS, schools and other services.
3. **Pilot - School Based Counselling:** Independent counsellors have been commissioned to provide individual 'drop in' advice sessions and formal counselling sessions at seven secondary schools from September.
4. **Pilot - Resilience Hubs:** (See above) These complement school based counselling and have also started in the new academic year.
5. **Pilot - Mindfulness Pilot:** 32 members of staff from 2 secondary schools have undertaken an 8 week Mindfulness course. 2 staff from each school will now be trained to deliver Mindfulness in Schools sessions/resources directly to young

- people.
6. **KS4 resource packs:** Mental Health PSHE Resource packs for Key stages 3&4 are being developed in partnership between School Improvement and the CAMHS participation group.
 7. **Specialist Family Support and Play re-procurement:** A review has resulted in a new combined service model being procured to provide early intervention with 5-13 years olds with a range of emotional and social issues.
 8. **Protocol between CAMHS and police:** has been implemented to reduce inappropriate attendances at the S136 suite.
 9. **Pilot - CAMHS self-referral for 16 and 17 y/o's:** is being trialled by provider
 10. **ASD support service:** Additional SLT sessions have been commissioned to 'speed' up ASD diagnosis and a new parent support worker will visit families whose children with ASD refuse to attend school.
 11. **Eating Disorder Specialist service:** Agreeing new service model with provider and neighbouring CCGs

Did things go according to the 15/16 CAMHS Transformation Plan?

The majority of the identified priorities and developments were delivered as planned. The only exceptions were as follows;

- “The consideration and development of a single point of access or ‘single front door’ to enable practitioners, parents/carers and CYP to contact and thereafter receive, at the earliest opportunity, the most appropriate help.” The scope and implications of a ‘single front door’ was discussed with social care, Early Help services and health commissioners. Discussions concluded that no independent review could be commissioned and concluded within the necessary six month timescale. Hence the budget planned for this (£10,000) was reallocated. Nevertheless the idea remains aspirational but would require a phased implementation over a number of years.
- The plan to scope support for parent/carers whose children do not engage with services being offered to them. Due to parallel reviews of both the LA's Parenting strategy and Behaviour strategy, it was decided to await the outcome of these reviews to inform any gap analysis for those parents/carers who can feel very powerless when their children, for whatever reason, choose not to engage with services.
- Three developments were delayed due to recruitment difficulties and/or legal commissioning requirements. As a result the therapeutic support for social care, college hubs and the on-line counselling service were ‘under budget’ and some of the underspend was used to contribute towards the infant mental health service.
- The specialist family support and play re-procurement was not completed during 15/16 but is now underway again.
- Although useful digital EHWPB websites have been identified, final decisions about where and how to host these have not been taken. The new on-line support service (KOOH) has the facility to offer a tailored webpage to direct B&NES CYP and this is being explored, together with the option of a page hosted on B&NES LA website.

5.2 Planning for 16/17 CAMHS Transformation Plan

B&NES Clinical Commissioning Group (CCG) has received £380,000 allocation for the 16/17 CAMHS Transformation Plan with an additional £96,000 for specialist eating disorder services.

The 2016/17 CAMHS Transformation Plan continues to deliver against priority areas identified in the Future in Mind report.

Discussions with GPs, the Director of People & Communities, Behaviour & Attendance Panels, School Nurses, Specialist CAMHS (OHFT), Your Care Your Voice and EHWP Strategy group members has resulted in the following commissioning priorities being identified.

- More direct interventions for CYP who do not meet the referral criteria for CAMHS but who do require additional support from trained staff who can provide evidenced based interventions and who have access to consultation and supervision themselves.
- As a consequence we are proposing to spend some of the 16/17 funding on independent counselling services. These have proved to be popular and effective interventions both within the school setting and the wider community. (There has been a lack of equity around access to these services, some of which have received funding from Schools Forum and CAMHS TP funding. A further request will be going to Schools Forum to contribute more funding for school-based counsellors at those schools who have not yet benefitted.)
- The implementation of the secondary school Emotional Resilience Hubs has been variable and reflects challenges identified in a similar national pilot. Due to practical complexities and the cultural shifts required it has been decided to continue funding the pilot for another academic year and to review the service again before committing any more local future funding.
- The flexible transition service is a small but important service for very vulnerable young people approaching their 18th birthday. This offer will continue but may be a different service offer at a reduced cost.
- Perinatal services for mothers with anxiety and depression and their infants will be reviewed.
- The individuals and institutions that support CYP – midwives, health visitors, primary and secondary school teachers, pastoral support staff etc. – often require training in attachment, behaviour and how they can create environments that develop resilience. Training needs to be more collaborative, co-ordinated and should adopt the principles and practices used by the national CYP IAPT collaborative. Digital training resources should be widely promoted. A small working group (with a small budget) will progress this priority.

5.3 Re-procurement of CAMHS after 31 March 2017

The current CAMHS contract runs to March 2017 and the service is provided by Oxford Health NHS Foundation Trust. The joint contract is led by Wiltshire CCG,

and both CCGs benefit from the commissioning of specialist services across a greater population, (e.g. Eating Disorder and Learning Difficulties Services) as well as 'out-of-hours' cover which would not be viable on a B&NES-only basis.

Given the timing of this process relative to development of the Your Care Your Way model, in February 2016 B&NES CCG committed to a further joint contract with Wiltshire, whilst signalling that this is a service we would wish to explore bringing within the umbrella of the prime provider arrangement in due course.

Proposal

The intention is to jointly recommission both primary (PCAMHS) and specialist CAMHS for a 5 (+2) year period across Wiltshire and B&NES.

The annual values of B&NES CCG's current contract with OHFT are as follows:-

CAMHS Contract Baseline 15/16: £1,924,680 (this includes a £317,000 contribution from B&NES council)

PCAMHS Contract Baseline 15/16: £245,712

These figures *do not* include 15/16 or 16/17 contract variations for investments and CAMHS Transformation Plan funding).

This involves aligning CAMHS and PCAMHS budgets from across Wiltshire CCG, Wiltshire Council and B&NES CCG and funding the new service under one contract, with Wiltshire CCG being the Lead Commissioner. Swindon CCG is also actively considering becoming a joint commissioner in this process. There are efficiencies in having a service that works across a wider geographical footprint and this joint commissioning model is in line with the local Bath, Swindon and Wiltshire Sustainability and Transformation Plan (STP).

Commissioners aim to develop a new service delivery model which will improve the quality of service and experience for children, young people and their families. This will be achieved by removing tiers; encouraging improved coordination between mental health services, GPs, schools, the local authority and the voluntary and community sector; and providing evidence based interventions and treatment that works in non-stigmatised community settings, close to home. These changes should provide children and their families with faster access to the right help they need, at the right time and in the right place.

A range of stakeholders will be involved in the development of a new service delivery model for CAMHS (covering Wiltshire, Swindon and B&NES). Importantly this will include children, young people and their families. Professionals who work with children will also be involved from across health, education, social care and the voluntary and community sector.

6 RATIONALE

- 6.1 The priorities in the Transformation Plan have been developed in consultation with stakeholders and represent the agreed view of priorities guided by the national criteria for the funding and our EHWP Strategy.
- 6.2 The rationale for re-commissioning jointly with Wiltshire is described in para 5.3 above.

7 OTHER OPTIONS CONSIDERED

- 7.1 Various options for the Transformation Plan were considered in consultation with stakeholders and the priorities were agreed by the EHWP Strategic Group.

8 CONSULTATION

- 8.1 This report has been prepared by the CAMHS Commissioner and the chair of the Emotional Health and Wellbeing Strategy Group: the planned re-procurement of the PCAMHS/CAMHS service has been endorsed by the CCG in B&NES and Wiltshire. Priorities identified by children and young people through a number of participation processes- SHEU, Primary and Pupil Parliaments, Your Care Your Voice and the Member of Youth Parliament have been incorporated into the development of the CAMHS Transformation Plan and the PCAMHS/CAMHS re-procurement.

9 RISK MANAGEMENT

- 9.1 A risk assessment related to the issue and recommendations has been undertaken, in compliance with the Council's decision making risk management guidance.
- 9.2 Appropriate risk management in place for the procurement.

Contact person	Margaret Fairbairn, Health Project Manager Mary Kearney-Knowles, Senior Commissioning Manager Specialist Services Mike Bowden, Director for Children and Young People - Strategy and Commissioning
Background papers	<i>List here any background papers not included with this report, and where/how they are available for inspection.</i>
Please contact the report author if you need to access this report in an alternative format	



**Bath & North East Somerset, Swindon & Wiltshire
Clinical Commissioning Groups**

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Supporting children and young people's emotional wellbeing and mental health

for you, by you

**A new Child and Adolescent Mental Health Service for
Bath and North East Somerset, Swindon and Wiltshire**



WE NEED YOUR HELP

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opinion on how to stay
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to ask difficult
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voiceandinfluenceteam@wiltshire.gov.uk

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Appropriate expenses will be paid and young people will be fully supported in this process

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