

# Children & Young People Health & Wellbeing Survey 2015 (SHEU)



# SHEU Health & Well-being Survey

- Schools Health Education Unit
- Public Health funded
- Information /evidence about pupil health and well-being outcomes
- Compares schools with local B&NES and national data
- Free School Meal comparative data
- Trend data

# Survey in B&NES (2015)

- 12 Secondary Schools
- 3048 pupils from years 8 (88% participation rate )and 10 (81%)

# Asked questions about



- Healthy Eating
- Physical Activity
- Relationships
- Mental Health
- Smoking, Alcohol, Drugs
- Staying safe
- Enjoying and achieving
- Views and opinions

# B&NES Secondary sample sizes

School Year	2015	2013	2011
Boys	1472	1351	1264
Girls	1576	1266	905
Total	3048	2617	2169

# Drinking Secondary



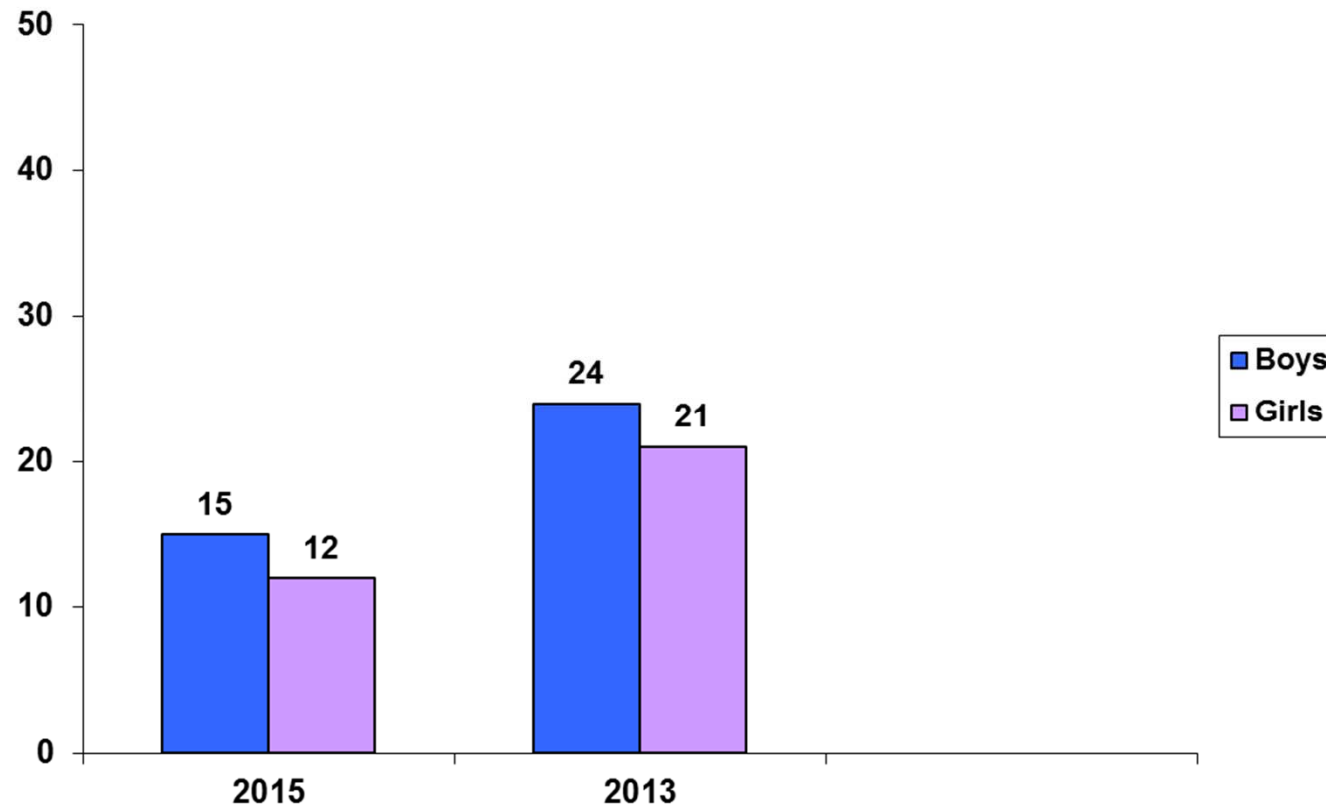
- **55** % haven't ever had an alcoholic drink (not just a sip)

# Drinking Secondary



- **13** % who drank alcohol in the last week

# Drank alcohol last week (%)



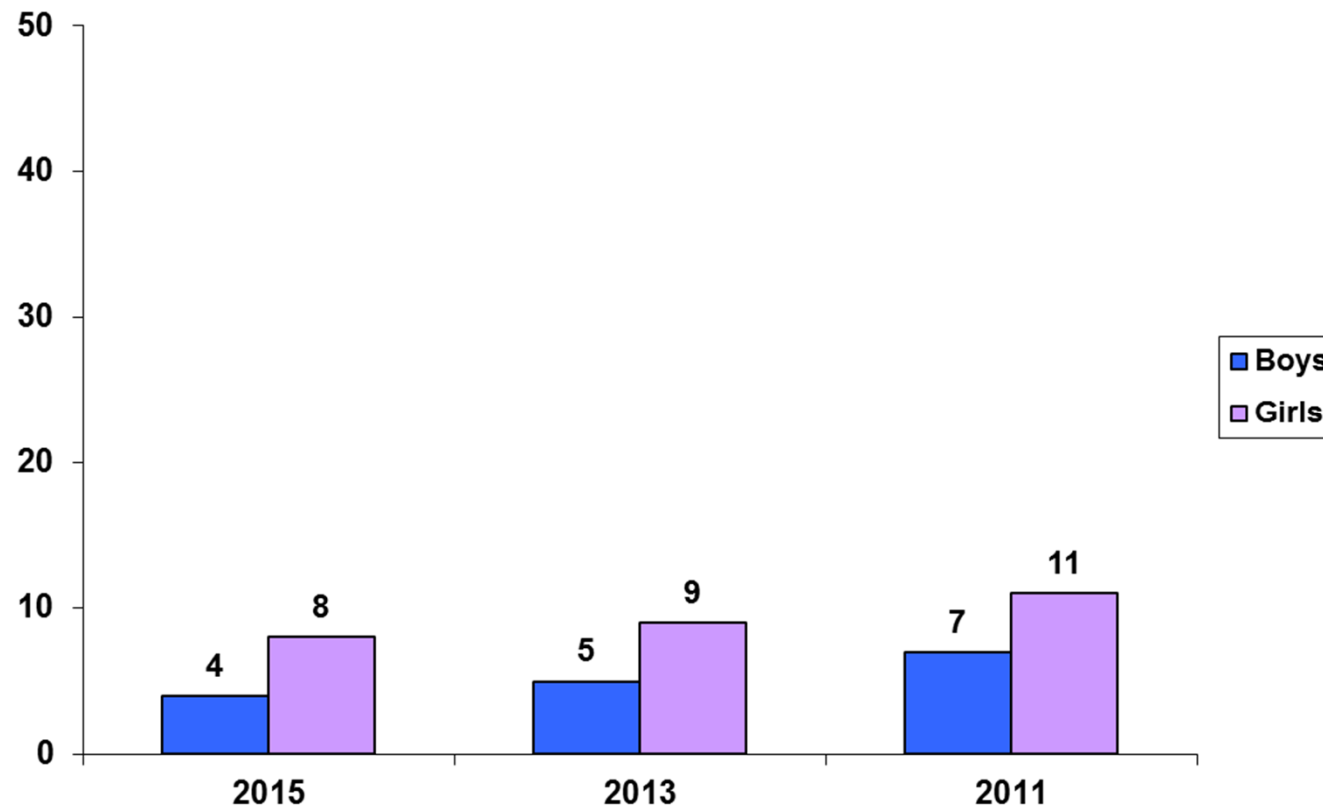


# Smoking Secondary



- 4 % usually smoke at least one cigarette per week

# Smoke cigarettes at least sometimes



# Smoking Secondary



- **20** % have used an electronic cigarette at least once

## Drugs Secondary



- **3.5** % have used cannabis in the last month

## Legal highs Secondary



- **3.5** % have used nitrous oxide in the last month

# Self-esteem Secondary



- **40** % had a high self esteem score

# What we're doing with wider partners

- Sharing this data widely with key strategic groups (e.g. EHWB Strategy Group etc.)
- Using the data to inform priorities / strategies / resources (e.g. mental health)

