



DHI Groups and Activities at Beehive Yard, Bath December 2015

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am - 11:30am Abstinence Group 9:30am – 11:00am Art Group (clay) 12:00pm – 1:00pm Post Alcohol Detox Group	9am – 10:00am Breakfast Club 10:30am – 12:00pm Women's Group	10.00am-1.00pm Fishing Club 10.30am-11.30am Mindfulness group 11.30am-12.30pm AA 12:00pm – 1:30pm Off The Wall	9:30am – 11:30am Art Group 9:00am – 2.00pm Alternative Therapies (Please book)	11:00am – 12:30pm Planning for Recovery	10:00am -11:00am SMART Recovery 10:00am – 1:00pm REACH Housing Advice Drop-in 11:20am-12.30pm AA
11:00am – 1:00pm Drop-in	11:00pm – 1:00pm Drop-in	11:00am – 1:00pm Drop-in	11:00am – 1:00pm Drop-in	11:00am – 1:00pm Drop-in	10:00am – 1:00pm Drop-in
11:30am – 1:00pm Stoptober Clinic – During Drop-in	1:00pm – 2:30pm Preparation for change 2:30pm – 3:30pm BAT	1:00pm – 2:00pm Gardening Group 1:00pm – 2:30pm Developing Emotional Wellbeing 3:00pm-4:30pm (Group 4) Maintaining Change Group	1:30pm – 3:00pm Alcohol Detox Clinic 2:30pm – 4:00pm Education, Training, Housing and Benefits Drop-in	1:00pm - 2.30pm (Group 3) Active Change Group 3:00pm-4:30pm Abstinence Group	Allotment Group Victoria Park Site
		5:00pm Film Club (book with your keyworker) 5:00pm – 6:00pm SMART Recovery			

Key: Structured group

Non-structured group

Mutual aid

Drop-in

Activity

If you are attending a structured treatment group, we expect you to arrive on time to start the group. People who arrive more than ten minutes late for a structured treatment group session will not be able to go in to that session.

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