

## **SHEU PRIMARY & SECONDARY HEALTH OUTCOMES SUMMARY**

**21 primary schools**

**1217 pupils in Years 4 and 6**

### **Positives: Primary**

- Feeling fit & physical activity
- Happy with their weight
- Cycle Safety
- Sun safety
- Alcohol
- Smoking

### **Of concern: Primary**

- Anxiety levels / worrying
- Self esteem
- Peer pressure
- Perceptions of bullying
- E-safety

### **Free School Meals : Primary**

- More living in single parent households
- More siblings
- Fewer eating breakfast
- Less attention to sun safety
- Fewer enjoy physical activity
- Less cycle safety
- More likely to worry
- Lower self esteem
- More likely to have tried alcohol
- More likely to have tried smoking
- Asthma
- More likely to be young carers
- More afraid of going to school because of bullying

11 Secondary schools  
2617 pupils in Years 8 and 10

**Positives: Secondary**

- Having breakfast
- Dental Care
- Alcohol
- Smoking

**Secondary: Of concern**

- Worrying
- Self esteem
- Fewer enjoying school / wanting to stay in full time education
- Wanting to lose weight / not happy with weight
- Perceptions of bullying

**FSM: Secondary**

- More likely to live with single parent
- Fewer eat breakfast
- Fewer eat fruit and veg
- More say they're unfit
- Lower self esteem
- More year 10s have had sex
- Less have 8 hours sleep
- More don't enjoy school lessons
- Fewer expect to do well in GCSEs
- Fewer want to continue in full time education
- More play computer games for over 3 hours