

## Improving People's Lives

**To: All Members of the Health and Wellbeing Board**

Chief Executive and other appropriate officers  
Press and Public

Dear Member

**Health and Wellbeing Board: Thursday, 1st May, 2025**

Please find attached a **SUPPLEMENTARY AGENDA DESPATCH** of late papers which were not available at the time the agenda was published. Please treat these papers as part of the agenda.

Papers have been included for the following items:

- 9. **SOCIAL PRESCRIBING PROJECT (Pages 3 - 10)**
- 12. **PUBLIC HEALTH, SOCIAL CARE AND MENTAL HEALTH PROCUREMENTS (Pages 11 - 22)**

Yours sincerely

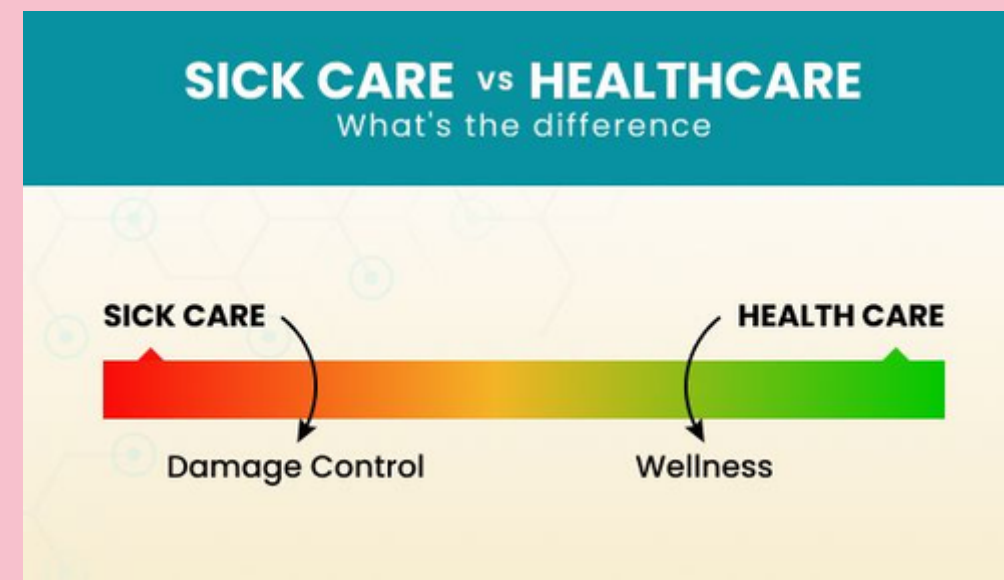
Corrina Haskins  
for Chief Executive

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# Health & Wellbeing Board Presentation

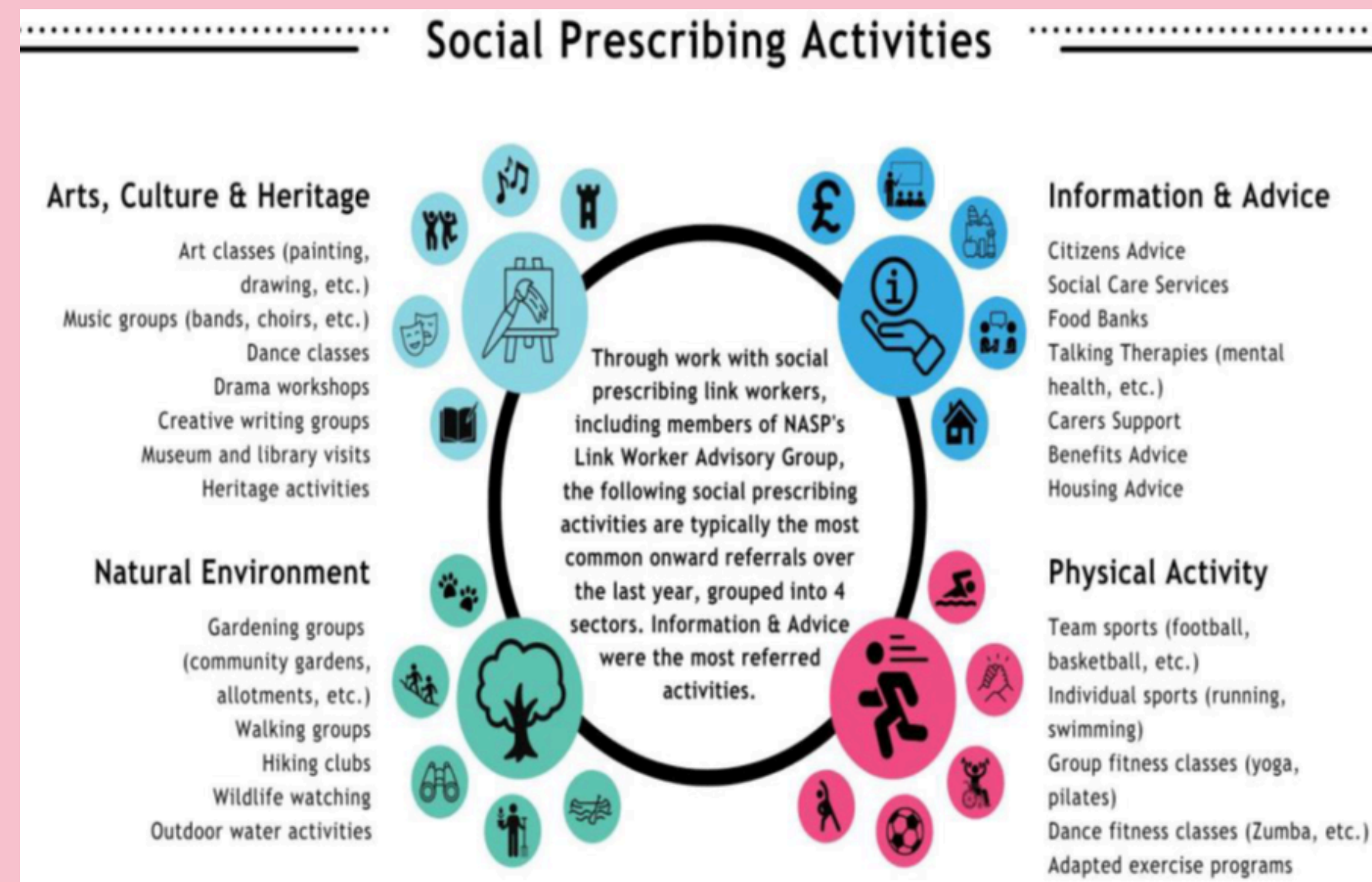
## Overview

- Social Prescribing (SP) Global Definition
- B&NES Council Overriding Purpose & H&W Board Key Priorities
- Case studies/ testimonials
- The Importance of 'Social' relationships
- Questions for board
- Resources



# Social Prescribing Global Definition

**Social prescribing is ‘a means for trusted individuals in clinical and community settings to identify that a person has non-medical, health- related social needs and to subsequently connect them to non- clinical supports and services within the community by co-producing a social prescription—a non-medical prescription, to improve health and well-being and to strengthen community connections.’ (Short definition) (Muhl et al 2023).**



# Extract B&NES Council Corporate Strategy.

## Our Strategy 2023-2027

The Corporate Strategy 2023-2027 retains the purpose, policy and principles set out in the Corporate Strategy adopted in February 2020.

- One: We have one overriding purpose – **to improve people's lives.**

## H&W Board key priorities

Social Economic factors have the highest influence on our physical & emotional health.

SP provides a range of services and activities to help **improve our physical and emotional health.**

### **Priority 1: Ensure that children and young people are healthy and ready for learning and education.**

Although the focus of SP has been on those 18+, there has been recent programmes supporting the CYP cohort. One such programme is the Wellbeing While Waiting programme which is part of the Child and Adolescent Mental Health Services (CAMHS). Off the Record is delivering this work and is currently at capacity highlighting the need for SP within the CYP cohort.

### **Priority 2: Improve Skills, good work and employment.**

SP helps to improve people's skills whilst increasing people's confidence.

Volunteering is a big part of SP, and many people referred into activities go on to become volunteers.

### **Priority 3: Strengthen compassionate and healthy communities.**

SP helps to integrate individuals within their communities and participate in activities they are passionate about.

### **Priority 4- Create Health Promoting places.**

SP helps individuals with housing support to ensure our health isn't impacted by where we live. It also helps individuals to have better access to green spaces and to have the confidence to use more active travel.

# SP Testimonials / Case Studies

**"I was on the verge of giving up before you got involved. I can't believe the difference you made. Thank you. "**

**Bath Mind Impact Report- Welfare Benefits**

I was referred through hope house to Phil. Due to not being able to get out much and lack of contact with people. I have enjoyed the friendship of the group as well as getting steady with my mobility. It gives me something to look forward to each week, your classes are fun and informative, and it is easy to get to due having to use the Dial A Ride. I would miss it I have just started to settle in to coming.

**Seated Dance Class Feedback**

**'They send a taxi there and back; I couldn't do it otherwise. I can't get to anything at the moment so to visit three inspirational venues that are so rich and multi-faceted is amazing. Ending is tough but I might be more open to joining another group now.'**

**Fresh Art@ participant at a final session and experiencing mobility and other health issues 2022.**

**I was recommended to come to the Farm through my doctor because it would help me with my mental health. I have extreme anxiety, ADHD and depression and have tried to leave this world about 20 times. At the Farm there's plenty of animals and people to chat too. I brush the ponies look after the pygmy goats and cook. I love the animals. I've made some new friends.**

**I would recommend anyone suffering with their mental health to come to the Farm and have some new experiences. It's a fantastic place for anyone with depression, suicidal thoughts and so on. This is the best medicine. When I first came here I was all over the place but I feel more stable now.**

**I'm currently doing a maths course at the Farm too run by Bath College. It's general maths that you need and use in everyday life, such as for cooking, or gardening.**

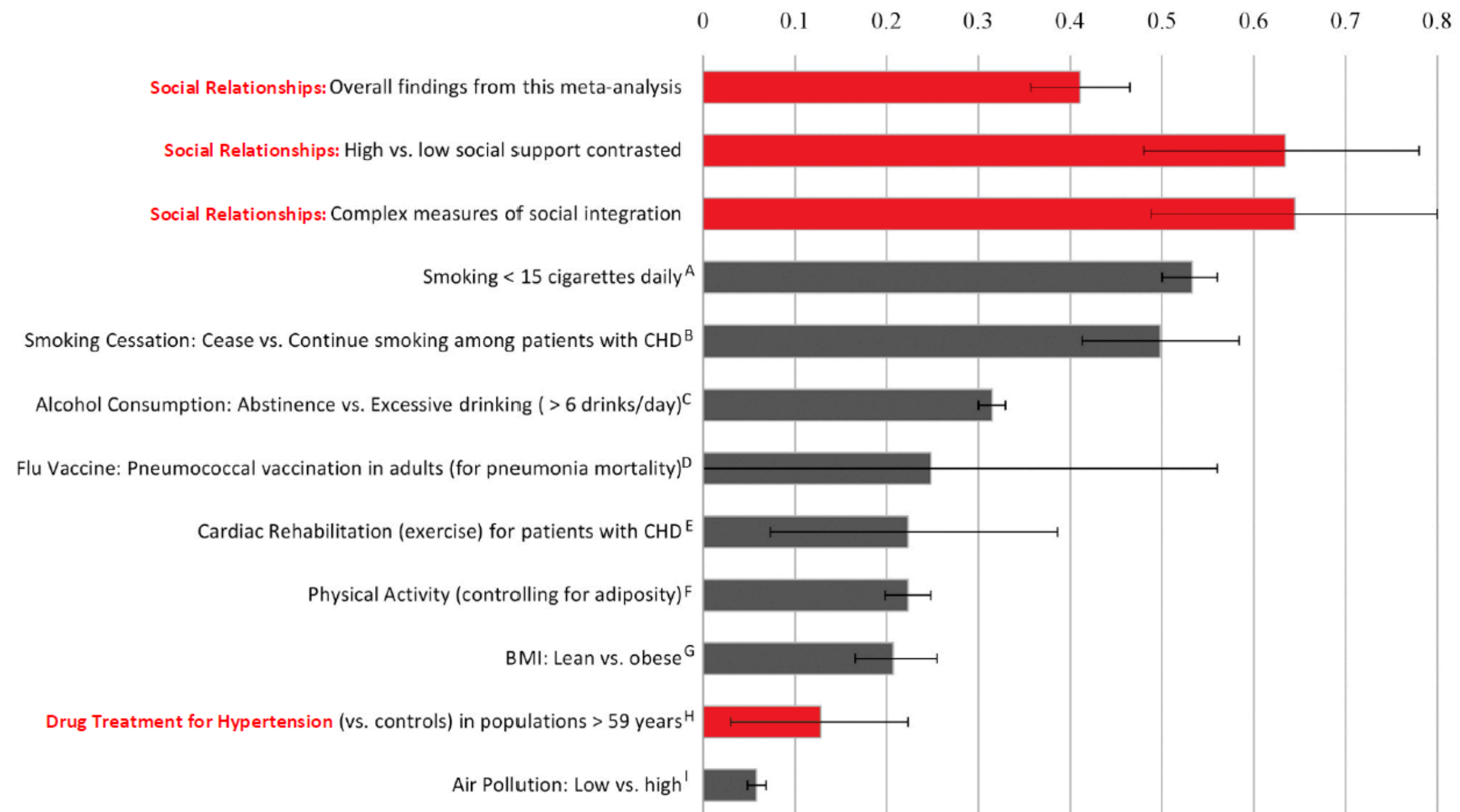
**When you're on your own you think negative thoughts but at the Farm I don't have these thoughts. I leave the Farm feeling positive.**

**John's Story Bath City Farm**



# The importance of social relationships

## 1. Comparison of odds (lnOR) of decreased mortality across several conditions associated with mortality.



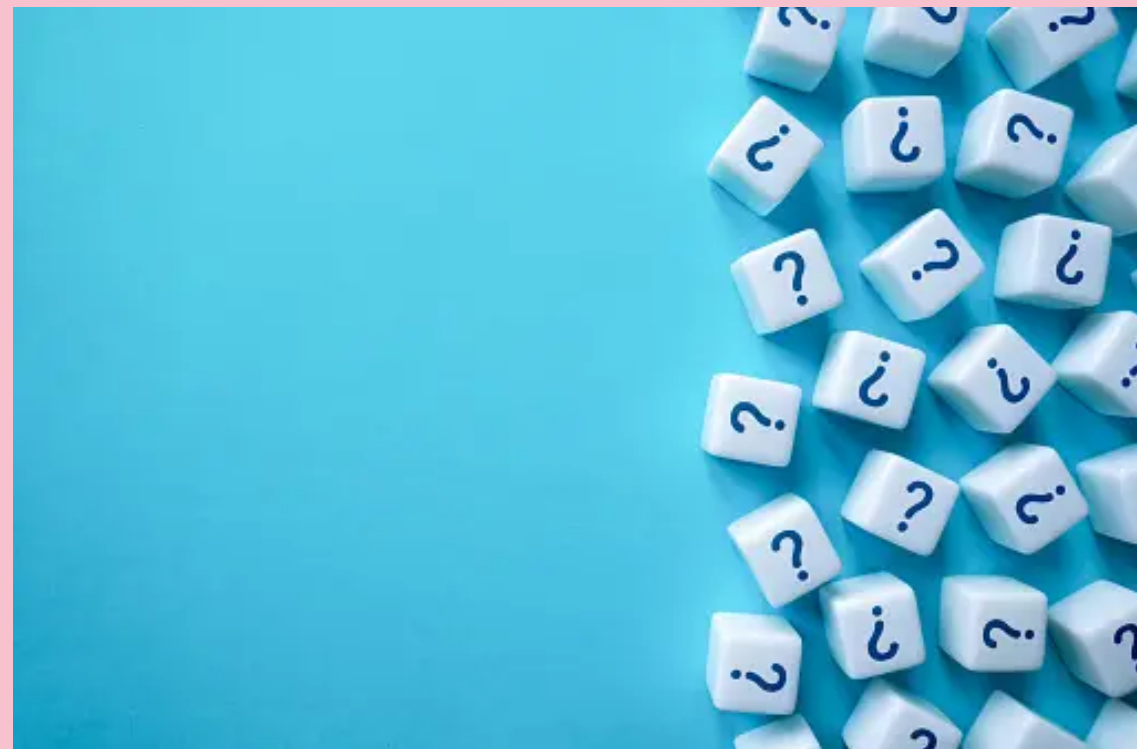
# Questions for the H&W Board??

**How do you see Social Prescribing as an enabler to preventative health?**

**How does the board/funders invest today to save further down the line?**

**How does the board/funders sustain organisations delivering SP activities?**

Knowing that activities cost ££ for orgs to deliver; staff costs, venue costs, equipment, training, safeguarding etc.





# Resources

- SP Visual Asset Map B&NES
- National Academy of Social Prescribing
- NHS Social Prescribing
- The Active Way
- Videos >>>



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# Update on Public Health Procurements

B&NES Health and Wellbeing Board

Thursday 1<sup>st</sup> May 2025

Becky Reynolds, Director of Public Health and Prevention

Bath & North East  
Somerset Council

Improving People's Lives



Agenda Item 12

# Public Health Nursing Service

Provider	HCRG
<b>Purpose of service</b>	To deliver a universal service for all expectant parents, children and young people, with an emphasis on prevention and support, by bring together health, education, and other key partners. Delivery of the 0-19 Healthy Child Programme (HCP) that is 'universal in reach, personalised in response' based on four levels: community, universal, target and specialist; depending on induvial and family need.
<b>Service scope</b>	Health visiting, school nursing, Family Nurse Partnership, Clinic in a Box (peripatetic contraception and sexual health clinic for young people), National Child Measurement Programme, Specialist Community Public Health Nurse Service for children not accessing formal education
<b>Length of contract</b>	4+2 years
<b>Contract value</b>	£3.6m/yr
<b>For more info</b>	<a href="https://baneschildandfamily.co.uk/services/">https://baneschildandfamily.co.uk/services/</a>

# Drug and Alcohol Service

Provider	Turning Point
<b>Purpose of service</b>	To provide a safe, effective, and high-quality community-based specialist treatment with a range of evidenced based substance use interventions that will support all aged people and their families achieving positive outcomes with respect to alcohol and other drug use; offending and criminal involvement; physical and psychological health and social functioning
<b>Service scope</b>	<ul style="list-style-type: none"><li>• A community-based adult substance use service responsive to identified local needs which will provide both medical and psychosocial interventions for harm reduction and recovery. (T2, T3 and providing access to T4 provision for adults and young people)</li><li>• Manage Shared Care provision in GP practices</li><li>• Provision for complex needs (including but not limited to physical health, co-occurring mental health and substance use diagnosis)</li><li>• Holistic young people’s substance use service (for people up to the age of 25 years) with clear and seamless transitional arrangements</li><li>• Support for families and carers of people using drugs and alcohol</li><li>• Access to residential detoxification and rehabilitation and management of the placement budget</li><li>• Manage pharmacy contract</li></ul>



<b>Service scope continued</b>	<ul style="list-style-type: none"> <li>• Free programme of drug and alcohol training and support for schools</li> <li>• An effective and responsive outreach and harm reduction offer for all, whether in treatment or not, including direct delivery and pharmacy provision, naloxone programme, synthetic opioids preparedness and drug related death prevention. Emphasis in reaching rural communities more effectively</li> <li>• Free programme of training to support the wider workforce to increase early identification and referrals into treatment, reduce stigmatisation and better understand the needs of this vulnerable group of people</li> <li>• Blood borne virus programme ensuring hepatitis B vaccinations and hepatitis B and C screening are available to all entering or engaged with treatment services regardless of the presenting substance</li> <li>• Bereavement service offer</li> </ul>
<b>Contract length</b>	5+2 years
<b>Contract value</b>	£2.5m/year
<b>For more info</b>	<a href="https://www.turning-point.co.uk/services/bath-north-east-somerset">https://www.turning-point.co.uk/services/bath-north-east-somerset</a>

# Wellness Service

<b>Provider</b>	<b>Everyone Health</b>
<b>Purpose of service</b>	To enable people to live well by supporting them to address factors that influence their emotional and physical health and wellbeing. The service works with communities and individuals to increase motivation, skills, capacity and resilience to improve health
<b>Service scope</b>	Community Wellbeing Hub triage, health coaching, emotional health and wellbeing service, support to stop smoking, physical activity service inc. exercise on referral, outreach NHS/CVD health checks, training and workforce development and capacity building, volunteer brokerage, resources and campaigns
<b>Length of contract</b>	4+2 years
<b>Contract value</b>	£1.1m/yr
<b>For more info</b>	<a href="https://banes.everyonehealth.co.uk/">https://banes.everyonehealth.co.uk/</a>

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# Community Mental Health; service update

1 May 2025

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# From 1<sup>st</sup> April 2025 the Mental Health & Wellbeing Partnership are;

- Continuing to progress the successful transition of services
- Providing self-referrals and professional referrals
- Supporting current clients, those requiring a call back, or on waiting lists
- Actively working with new referrals
- Supporting people in-person, online or by phone
- Working with local providers to ensure continuity and delivering warm referrals to and from appropriate local services
- Building positive working relationships with providers and partners across BaNES
- Working with Primary Care to ensure access routes and services are embedded





# Future phased development across BSW

## Pathway development

- Collaboration with AWP and Oxford Health and other key partners
- Input from people with lived experience and partnership approach with teams
- Collaboration with wider partners in the system
- Pathway review with PCNs, PCLS, 111-2, and other Access or 'first presentation' services

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## New model features

- Coproduction and multi-disciplinary teams, integrated with AWP and Oxford Health
- Trauma-informed support conversations and interventions
- Provide advice and guidance, warm handovers, and dialog+ - clear outcomes
- Support staff with a psychologist, reflective practice, and trauma-informed training
- Supplemented by Recovery College offer of psycho-education



# What does the Mental Health & Wellbeing service offer look like for BaNES?

## Access Community Mental Health

Led by Second Step

**B&NES**  
Second Step

**Swindon**  
Second Step

**Wiltshire**  
Alabaré

Missing Link women's navigators

## Intensive Outreach Team

Led by Second Step

Intensive outreach team working across B&NES, Swindon and Wiltshire.

## Crisis Houses

Led by Alabaré

**Crisis House** - Chippenham (Hope House)

**Crisis House** - Swindon

**New Women's Crisis House**  
(with Missing Link)

## Place of Calm

Led by Alabaré

**Place of Calm** - Riverside Sanctuary, Salisbury

## Recovery College

Second Step

Online & in-person psycho-education courses across BSW

## SMI Physical Health Checks Outreach

**B&NES**  
Second Step

**Swindon**  
Second Step

**Wiltshire**  
Alabaré

Second Step

Alabaré

Missing Link

Nilaari

## Nilaari

Supporting teams with advice and guidance to meet the mental health needs of people from Black, Asian, and other marginalised communities

# What does the Mental Health & Wellbeing service offer look like for BSW and BaNES?

## BSW – Mental Health provision & provider:

- Inpatient services – 3 hospitals across BSW (70 beds) – AWP

- Health-based place of safety – AWP
- Mental Health Ambulances – AWP/SWAFT
- Ambulance control room – AWP/SWAFT
- Police Control Room Triage - AWP
- Acute Hospital Mental Health Liaison

## Services – AWP

- Primary Care Liaison Services - AWP
- Community Mental Health Teams - AWP
- Intensive Support Services - AWP
- Talking Therapies - AWP
- NHS 111-2 - AWP
- Individual Placement Support–Way Through
- Eating Disorder Services – OHFT & AWP
- Early Intervention in Psychosis - AWP
- Perinatal mental health – AWP
- Maternal mental health trauma service - AWP
- Psychological Therapies - AWP
- Dementia and Care Home Liaison - AWP
- SMI AHC Outreach – Second Step
- “Access” integrated community mental health service - Second Step/Alabare



## Locality provision & provider:

### BaNES

- Place of Calm; Breathing Space – Bath Mind
- Crisis Accommodation; Orchard House – Bath Mind
- Intensive Outreach – Second Step
- Suicide Bereavement Service - Second step-Beside
- Memory Assessment - ReMind

### Swindon

# Mental Health Service Coverage across 24hrs

## BSW Mental Health Service Offer; 24/7 Configuration

Key	
Mon-Fri	
Mon-Sun	

